

**Aging & Independence Services Advisory Council**  
**Monday, January 8, 2018**  
**5560 Overland Ave**  
**San Diego, CA 92123**

Members			Absent Members	Guests
Attendance:	John Alexander Ellen Acardi Rosemarie Bahmani Doli Cutler Fred Davis Media Fettinger La Rue Fields Joe Garbanzos Georganne Grotey Chris Maeoka	Kim McIntrye Jack Miller Luis Monge John Osborne Bob Prath Linda Prager June Singer Lorelei Taylor Valoff, Susan Darlene Weber	Judi Bonilla* Queen Johnson* Ted Kagan* Martha McCarthy* Kathy Randall*  *= notified prior to meeting	Melissa Brooks Stephen Huber Christina Selder Shawn Amirhoushmano Burton Disner Margaret Zamora Martha Plazola Kristen Smith (AIS)
	Honorary Members		Staff	
			Chuck Matthew Caroline Smith	Blanca Ramirez Floyd Willis
Item	Outcome			
1. Call to Order	Rosemarie Bahmani, Chair, 12:06 PM. a) Welcome & Pledge of Allegiance b) Member Introductions & New Member			
2. Standard Business:	a. "Treats and Eats" provided by the Nutrition Committee b. Public Comments/Announcements: Members or non-members <ul style="list-style-type: none"><li>Fred Davis- Thanked everyone that participated and contributed in the Christmas give away through Gary &amp; Mary West. The donations collections will continue throughout the winter.</li><li>Fred Davis also stated that monetary donations are also acceptable.</li></ul> c. Minutes: Record of December 11, 2017 meeting (Action) [M/S – B. Prath/ L. Monge: Unanimous]			
3. Guest Speaker Presentation	a. Pam Plimpton; AIS, Intergenerational Coordinator <ul style="list-style-type: none"><li>County leadership very committed to viewing our community through an IG lens</li><li>IG Team (one in each region; one to be replaced within CWS; we work together as a team)</li><li>Been told that no other county in the country has invested in this way to build IG efforts</li><li>Perfect timing: Our team will be increasingly involved in our Age Well efforts to build more livable communities and dementia friendly communities for all ages</li></ul> IG Games South, also annually in North (San Marcos), East (La Mesa): <ul style="list-style-type: none"><li>It's a fun day in which older adult "senior athletes" are paired with elementary school students for non-competitive sport</li><li>nutrition activities help show that you can adopt healthy habits at any age</li><li>Pre/Post test results 2017---showing that event this short, half-day event can change perceptions about aging and interactions between the gens</li><li>Just few quick examples from last year's (2017) South IG Games:<ul style="list-style-type: none"><li>Before Games, 25% of the children said they thought older adults can mostly do what they can</li><li>After the Games, 70% of the children said they thought older adults can mostly do what they can</li><li>As one child said, "I did not know they (older adults) can run and be good at young sports!"</li></ul></li></ul> Additions in 2017: <ul style="list-style-type: none"><li>First ever Foster Youth Games at Point Loma Nazarene</li><li>Spring Valley Community Center</li></ul> Focused on trusted community source, would like to see more of the following: <ul style="list-style-type: none"><li>Bonita Library recently did an IG Cooking Class</li><li>Poway Library interested in doing an IG Book Club</li></ul> Continuing to provide technical support to Safe Routes to School programs that have county contracts (uses adult volunteers to encourage kids to bike and walk to school). <p>Two areas of the county, funded by County contracts:<ul style="list-style-type: none"><li>Cuyamaca College</li><li>Now in Chula Vista under a contract with the YMCA at Escuelita Del Futuro</li></ul>County has really made this a priority under the direction of the Board of Supervisors.</p>			

<p>3. Guest Speaker Presentation (cont.)</p>	<p>Thousands of grandparents in our county have primary responsibility for their grandchildren, in addition to many other kinship caregivers who care for relative children; Pam thus introduced the next speaker.</p> <p>b. Melissa Brooks, MSW, Kinship Support Program Director Grandparents Raising Grandchildren, YMCA Youth &amp; Family Services</p> <p>Kinship Caregivers are relatives within the 5th degree of kinship and non-relative extended family members, who are raising children in their family when parents are unable to. Kinship caregivers include:</p> <ul style="list-style-type: none"> <li>• Grandparents and Great/Great-Great Grandparents</li> <li>• Aunts/Uncles and Great/Great-Great Aunts/Uncles</li> <li>• Siblings or Half-Siblings</li> <li>• First or Second Cousins</li> <li>• Non-relative Extended Family Members (Godparents, neighbors, family friends, for example)</li> </ul> <p>Children are placed in the care of their relatives for many reasons including: Abuse, Neglect, Substance abuse, Mental health issues, Domestic violence, Incarceration, Military deployment, Serious illness and Death.</p> <p>YMCA Kinship Support Program is funded by the Child Welfare Services and Aging and Independence Services departments of the Health and Human Service Agency and it serves kinship caregivers throughout San Diego County. They also have support groups, respite care, emergency funds and family activities.</p>
<p>4. Director's Items and Issues (possible action)</p>	<p>a. Board Letters: 1718 AIS Additional Revenue [1/23/18] AIS will provide Cal Mediconnect information out to the AIS Advisory Council. Acceptance <b>[M/S – L. Monge/ B. Prath: Unanimous]</b></p> <p>b. Live Well Advance – Age Well Action Plan status, there are four planning sessions scheduled. The goal for this to go to the Board of Supervisors in May 2018.</p> <p>c. AIS Call Center Relocation Decision &amp; Plan -- All three call centers to move to same location: 211, CWS Call Center and our AIS Call Center. APS Hotline, will also join them. AIS staff that is at currently at building 5560 Overland will move in to the Call Center with a projected move in date of March 2018.</p> <p>d. Other Operational items: Chuck Matthews introduced our new Deputy Director for AIS, Caroline Smith</p>
<p>5. Executive Committee (11/27/17) Report/Other Business (possible action)</p>	<p>a. Chair's Report &amp; Comments</p> <ol style="list-style-type: none"> <li>AIS Intergenerational Community Council, would like to establish Advisory Council Liaison</li> <li>Age Well Committee Participants per AIS staff request, Rosemarie thanked everyone that attended. The next meeting is on January 24. Power Point can be sent out to the Council.</li> </ol> <p>b. California Senior Legislature (CSL)</p> <ol style="list-style-type: none"> <li>CSL Priorities 2017; CSL Priorities 2018 handout was given to the Council.</li> <li>Adopt CSL Elections Calendar 2018; Willis presented system of dates to the Council which contained other procedural elements that staff will follow. <b>[M/S – T. Kagan/L.Monge: Unanimous]</b></li> </ol> <p>Luis provided this site <a href="http://www.CLS.com">www.CLS.com</a> to learn more information.</p>
<p>7. Standing Committee Oral Reports/Recommendations (possible action)</p>	<p>a. Membership (12/18/17) – Lorelei Taylor, Chair {Officer, Secretary}</p> <ul style="list-style-type: none"> <li>• Absences to be reported to Lorelei and Blanca Castillo to follow the bylaws.</li> <li>• Ethics training, 6 members that are still overdue on their training.</li> <li>• 2 new member's application in the process, one for January and one for February</li> </ul> <p>Bijou Lulla, Application (11/11/17) <b>[M/S – L. Monge/ M. Fettinger: Unanimous]</b></p> <ol style="list-style-type: none"> <li>Clerk of the Board (#20) Effective Immediately, 1<sup>st</sup> Terms Expires 12/18/18</li> <li>Partial term (Welch), make eligible two additional full 4-yr term</li> </ol> <p>b. Bylaws Committee Revision &amp; Review Status Report –</p> <p>c. Assessing Compositions Nominating Committee – <b>Tabled till February</b></p> <ol style="list-style-type: none"> <li>Presently members : June Singer, Queen Johnson</li> <li>Appoint Chair: Kathy Randall</li> </ol>
<p>8. Ancillary Committee Oral Reports (possible action)</p>	<p>a. Nutrition Committee (1/8/17): Kim McIntyre. Wendy spoke to the committee</p> <p>b. Housing &amp; Transportation (1/8/17): Media Fettinger- Dan presented the group on accessories dwelling units. State Wide law. A granny flat can be built in back of homes. This is to relieve the housing shortage.</p> <p>c. LTC Facilities Ombudsman (12/21/17) June Singer – did not meet will resume in February.</p>
<p>9. Ancillary Committees Written Reports</p>	<p>{See Addendum Chart} reports provided in the packets</p>
<p>10. Other Announcements</p>	<p>Rosemarie added that all absences need to be reported to Blanca Castillo to be tracked.</p> <p>No other announcements</p>
<p>11. Adjournment &amp; Next Meeting</p>	<p>Meeting Adjourned 1:40 pm</p>
<p><b>COMMITTEE MEETINGS DAY OF COUNCIL AT AIS (1/8/18)</b></p>	
<ul style="list-style-type: none"> <li>• <b>Nutrition @ 11am</b></li> <li>• <b>Legislative</b>, no meeting until January</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Housing &amp; Transportation @ 11am</b></li> <li>• <b>ASC (Adult Services Committee) @ 2:00pm</b></li> </ul>
<p><b>FUTURE COMMITTEE MEETINGS (at AIS unless otherwise stated):</b></p> <ul style="list-style-type: none"> <li>• Executive – 1/22/18 @ noon [4<sup>th</sup> Monday each month]</li> <li>• Membership – 1/22/18 @ 10am [4<sup>th</sup> Monday each month]</li> <li>• LTC Facilities/ Ombudsman – did not meet</li> <li>• Budget – 1/24/18 @ 10am [Quarterly]</li> </ul>	
<p><b>II. NEXT MEETING:</b> February 12, 2018</p>	

Minutes respectfully submitted by Blanca E. Castillo.